

如何前往位於沙宣道睡眠科學實驗室

How to go to the Sleep Science Laboratory at Sassoon Road

香港大學學生 / 職員：乘坐大學穿梭巴士，1 / 1a 號線

For HKU Students/Staff: Take [HKU shuttle bus service](#) Route 1 or 1a.

或 | OR

乘港鐵到香港大學站，A1 出口步行 2 分鐘到薄扶林道西行巴士站

Take MTR to HKU Station, walk 2 minutes from exit A1 to Pofulam Road west bound bus stop.

轉乘任何途徑瑪麗醫院巴士 / 小巴，於瑪麗醫院站落車

Transfer to any bus/minibus via Queen Mary Hospital, Get off at Queen Mary Hospital Station.

穿梭巴時間表：
Shuttle Bus Timetable:



<https://bit.ly/3numnxo>



1. 落車後，步上行人天橋
1. Go to the footbridge after alighting.



2. 過橋到馬路的另一邊
2. Cross the bridge to the opposite side of the road.



3. 繼續在沙宣道向下行走 1 分鐘
3. Continue walking down on Sassoon Road



4. 賽馬會跨學科研究大樓就在你左邊
4. The JC Research Building is on your left.

乘升降機到三樓，到達後致電 2831 5320 通知研究人員。

Take the lift to 3/F and informed our research staff by calling 2831 5320.

